

# Your Passport to Health

At Pennock Health and Wellness Center, we offer a complete line of healthy programs, fitness expertise, and on-going activities to include and not be limited to:

-  Personal Training
-  Massage Therapy
-  Corporate Health and Wellness
-  Day Passes
-  Group Fitness Punch Card
-  Diabetes Management Program
-  Lifestyle and Weight Management Program
-  Osteoporosis Management Program
-  Body Fat Percentage Testing

# Our Mission

At Pennock Health & Wellness Center, we strive to improve the health of local residents, patients, and corporations by offering a complete line of programs, fitness expertise, and on-going activities. We value friendly, positive relationships and work hard to provide our members with a comfortable and clean workout environment.

To learn more, visit us online at [www.pennockhealth.com](http://www.pennockhealth.com) or scan our QR code below with your smart phone or web enabled mobile device.



915 W. Green St., Hastings, MI 49058  
Phone: 269.948.3139  
[www.pennockhealth.com](http://www.pennockhealth.com)



# Charity Care

Membership Information



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*“I was able to get my family a passport to health and wellness through Pennock’s Charity Care Program.”*

## Charity Care Membership




In pursuit of Pennock Hospital’s commitment to the community, a reduced membership rate is available for a Health & Wellness Center membership for individuals who meet low-income guidelines.

Individuals, or families, with an income below the poverty income guidelines will qualify for the Health & Wellness Center membership discount. This includes waiving the initiation fee, and a monthly rate of half the current senior rate.

*\*Membership is subject to re-evaluation of participation and payment every three months. You must use the facility at least 4 times a month to keep your membership.*

## Do You Qualify?

If you believe that you are qualified for a discount, please speak to a staff member at the Health & Wellness Center. There are a couple of requirements that you must fulfill in order to process your membership:

-  You will need a referral from your physician stating that you have a medical condition that requires exercise maintenance.
-  You will need to provide written documentation showing proof that you meet the income guidelines.
-  You cannot have outstanding debt with Pennock Hospital.

*\*Documentation accepted includes tax return with all schedules, unemployment check stub, SSI check stub, payroll check stub, or a child support check stub.*

## Financial Guidelines

A person whose individual or family income for the immediate preceding 12 months, or three months multiplied by four, is below the following Department of Health and Human Services poverty income guidelines will be provided a membership at a discounted rate.

Size of Family	Poverty Income Guidelines	Monthly Income
1	\$10,830	\$907
2	\$14,570	\$1,214
3	\$18,310	\$1,526
4	\$22,050	\$1,838
5	\$25,790	\$2,149
6	\$29,530	\$2,461
7	\$33,270	\$2,773
8	\$37,010	\$3,084